

DILATATION (ENDOSCOPY) PRE-POST-ENDOSCOPY PROCEDURE CHECKLIST

THE 3 'BBB' OF DILATATION

BALLOON / BOUGIE / BOUGIE CAPS



A. PRE PROCEDURE CHECKLIST

1. Consent
2. Discussed complications of the procedure
3. Check if on anticoagulants / Antiplatelet agents
4. General WHO checks / checklist

B. ENDOSCOPY ACCESSORIES

5. **BALLOON DILATATION** (Balloon size from 6-20 mm)
6. **BOUGIE** dilatations single use size 5-20 mm
7. **BOUGIE CAPS** 7-18 mm size Usually used for very short strictures
8. Standard Guidewire
9. Flexible tip metal Guidewire
10. Self-expandable metal stent (**SEM**)
11. Bio-degradable stent

C. POST PROCEDURE CHECKLIST

12. Check for post procedure pain / crepitus chest / neck area
13. Follow up appointments / endoscopy
14. Instructions on when to restart if on anticoagulants / Antiplatelet agents