



DILATATION (ENDOSCOPY) PRE POSTPROCEDURE CHECKLIST

THE 3 'BBB' OF DILATATION BALLON / BOUGIE / BOUGIE CAPS

A. PRE PROCEDURE CHECKLIST

1. Consent
2. Discussed complications of the procedure
3. Check if on anticoagulants / Antiplatelet agents
4. General WHO checks / checklist

B. ENDOSCOPY ACCESSORIES

5. BALLOON DILATATION (balloon size from 7-15 mm)
6. BOUGIE dilatations single use size 7-17 mm
7. BOUGIE CAPS 12-16 mm size Usually used for very short strictures
8. Standard Guidewire
9. Flexible tip metal Guidewire

C. POST PROCEDURE CHECKLIST

10. Check for post procedure pain / crepitus chest / neck area
11. follow up appointments / endoscopy
12. Instructions on when to restart if on anticoagulants / Antiplatelet agents